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*Basic information supplied by Vanessa Luckwell, set out by Frank Nolan, which may have led to some errors!
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Intended to "Pick & Mix" information to suit. Pages can be printed out on their own, if required,*

Hello all,

Please find below a list of information that could be useful for you, your families or people you know through your community organisations. Things are shifting by the minute so I do apologise if any of it is not up to date. The bulk of it has been gathered by Jade Carter- Bennett at Cornwall Council so a **big** thank you to her. Some of it does lean towards the Penzance area so I have added some info at the top from this patch. Please share any of this information onwards to help our communities be informed.

There will be a new Covid-19 voluntary and community sector newsletter soon. An email list is being compiled for this. If you would like to receive this and have not filled out a GDPR form, please find it attached and send it back to me filled in. You can use an electronic signature or type your name. Thank you

Our local foodbanks continue to operate, but do need all of use to help by buying a little extra and leaving in the baskets in the supermarkets.

Volunteer Cornwall have a call centre all assigned to Covid-19 response. They can provide all sorts of support around health and wellbeing. Their phone number is [01872 265300](tel:01872265300) and the email address for people needing help is requestforhelp@volunteercornwall.org.uk

Disability Cornwall (DIAL) are working with Hayle Rugby Club and the Cornish Oven are operating a Community Kitchen to provide food for those in need. Please see attached flier. Also they have a team of volunteers to help with shopping, picking up medicines or just a telephone call. Please see separate flier for that. Same number 018736 759500.

Gwinear & Gwithian Parish Council are operating a local volunteer and support scheme. Please see attached flier.

As well as the COVID – 19 mutual aid support Hayle facebook page listed below there are also a few others that I know of.

St Ives Residents – Reaching Out During The Corona Virus Outbreak
St Erth News
Nanledra Village
Gwinear Covid- 10 Community Support
Connor Downs Noticeboard

Business Support Helen Tripcony is doing a fab job of keeping information about business operations in St Ives. Please see her latest list attached. Shops and takeaways.

On top of what Helen has listed, local shops that are open include the greengrocers in Penpol Terrace remains open, St Erth Corner shop is also open and a mobile shop has been set up in Nanledra.

Please follow this link for the latest Public Health England guidance <https://www.gov.uk/government/publications/health-protection-report-volume-14-2020/hpr-volume-14-issue-6-24-and-25-march#covid-19-guidance-and-microbiology-fourth-update>

Business Support information from the govt can be found here www.businesssupport.gov.uk

There has been much talk by the govt of new hubs being set up. As soon as we have information about that it will be shared.

Useful Numbers and contacts for concerns / queries / questions / guidance

Adult Social Care Concerns about a vulnerable adult's safety and well-being – Call Adult Social Care on 0300 1234 131 during working hours and 01208 251300 out of hours.

Easy-Read information/guidance about Coronavirus
[https://www.mencap.org.uk/advice-and-support/health/coronavirus?](https://www.mencap.org.uk/advice-and-support/health/coronavirus?fbclid=IwAR3P6fx4DNWOF6JVigLP9K8oRQZOvDQAvKN8lrxSMblgqP7k9jfgrcmnhk)
[fbclid=IwAR3P6fx4DNWOF6JVigLP9K8oRQZOvDQAvKN8lrxSMblgqP7k9jfgrcmnhk](https://www.mencap.org.uk/advice-and-support/health/coronavirus?fbclid=IwAR3P6fx4DNWOF6JVigLP9K8oRQZOvDQAvKN8lrxSMblgqP7k9jfgrcmnhk)

Cornwall Council related questions or queries email covid19@cornwall.gov.uk

Council Tax enquiries 0300 1234 171

Cornwall Council Online (list of categories and links in link, including housing, family services, schools et)
<https://www.cornwall.gov.uk/council-and-democracy/contacting-the-council/contact-us-online/>

Domestic Abuse – if worried about quarantining in a home where you do not feel safe, live help is available for national domestic abuse hotline 24/7 0800 2000 247

HMRC Tax helpline to support businesses affected by coronavirus (COVID-19) 0800 0159 559.

HMRC Employers general enquiries 0300 200 3200

HMRC Employees' general enquiries 0300 200 3500

HMRC help line for self employed who are struggling due to COVID19 0800 0195 559

Gov.uk online for latest guidance on social distancing/ isolating at home/shielding.

Childline 0800 1111

Samaritan 116123

Misc Services / Information

Library – online – <https://www.cornwall.gov.uk/leisure-and-culture/libraries/>join and be sent a borrower number to start using online.

Affordable rooms for those who are not able to isolate with family. £80-£160 per week, private en-suite incl heating, water, electricity, wifi. Kitchen facilities with storage space (shared) email enquiries@hotelstives.com or phone 01736 795277

Recipe search by ingredients you have at home Just add your ingredients and Supercook instantly finds matching recipes from the most popular cooking websites! https://www.supercook.com/?fbclid=IwAR05o4lp5fvxyfns7SCNqQIIVOD6nqx0HbUc_1wZ7KclaBlsZpFiSjXtJxk#/recipes

Bin and recycling services are running as normal. Please note that waste and recycling centres are CLOSED however.

Breathe Communities have a facebook live stream that is fun and interactive Th/Fr/Sat 10.30 am. Also, a rota to phone people daily to check in on needs and health (both physical and emotional) if anyone wants a daily call let them know. 07812110273 or breathecommunities@gmail.com **Volunteer Cornwall** – “Flu Friends” <https://www.volunteercornwall.org.uk/22-news/392-coronavirus-can-you-help-> They are currently creating a list of volunteers to help those self-isolating, will complete services such as food shopping.

Electric and Gas ‘smart’ meters – if you call your service they can credit your meters if you are unable to leave the house.

Local support with getting supplies or someone to talk to in Mousehole – please phone Solomon Brown Hall 01736 731040

The EE shop is offering to help set up skype, whatsapp calling etc if people are able to visit the shop or get relatives to take their phone in.

Sailflags are offering a free flag or banner to any local foodbanks, charities or other worthy causes that can make use of one. info@sailflags.co.uk

Last Chance Hotel Animal Rescue and Rehome offering to get pet supplies to vulnerable/older people. 01209 281159

Royal Mail info – it is safe to send and receive mail in the post.

Penwith Service Centre / Tyres / MOT_Station are offering to collect and delivery cars needed for MTO etc etc 01736 740073

Store Times for older / vulnerable people / key workers

Co-op (Market Jew Street only) 8-9am mon-fri and 10-11 sun for vulnerable people.

Nationwide Bank 8am to 9am for older/vulnerable people.

Tesco (all stores) 9am-10pm Mon, Wed, Fri (older and vulnerable) , Sun 1 hour (before opening) for NHS workers only

Asda Hayle : Fridays open 7am-9am for over 70s/ vulnerable with carers

Iceland Penzance: Wednesdays 9am-11am for older people

Sainsbury's Penzance mon, wed, fri 8-9am for over 70s (from 23/3 vulnerable, over 70s and people with a disability given priority for online delivery slots) and every 30 mins before opening for NHS/Social Care staff (mon-sat).

Morrisons Penzance 7-8am for NHS staff.

Food Delivery Services

Community Kitchen, for people who are older, potentially vulnerable or self-isolating. Delivering soup, pasties ad stews £2 a meal wed-sat. 01736 759500 or advice@dialcornwall.org.uk

Coldstreamer Inn (Gulval) are doing takeaway food such as homemade pizza, pie, lasagne etc etc. All meals r £6.00 each and free delivery. 07791536323 to order on the day between 12 and 2 to order for that evening Will only accept card over the phone

Bosavern Farm do a weekly veg box delivery. £10 large, £6 small. Delivery to your door £1 or collect from Redwing Gallery free (Fridays 2-4pm). <http://>

www.bosaverncommunityfarm.org.uk/veg-boxes/

Dominos continue to deliver and have a 'no contact' procedure they are following.

Trink Dairy has a farm shop open 24/7 with hand washing and sanitiser. Also Cornhill Farm free range eggs. Their cows are milked every day. Also their 'Where to Buy' page on their website is being updated regularly, with filters to see where to buy and who delivers. <https://www.trinkdairy.co.uk/where-to-buy-trink-milk/>

KC Fish and Chips Rosudgeon are doing takeaway food and delivery [07835 983341](tel:07835983341)

The Coach and Horses near Rosudgeon are doing takeaway food and delivery [01736 763089](tel:01736763089)

The Mexico Inn, Longrock are doing takeaway meals, cooked and ready to cook [01736 710625](tel:01736710625)

Chypraze Farm Produce can delivery locally sourced meat 07841 638293

Jon Dorys Fish and Chips can deliver on fri and sat evenings between 5 and 9pm 07599109960

Celtic Fish and Game can deliver mon, tues, wed 01736 797470 or freephone 08000187470

Surf Beach Bar in Sennen are doing takeaway/ collections meals in the area. Also a Sunday Roast available between 12-4 delivered or collected.

Lavenders doing full menu of delicatessen delivered items and of course Pasties
Yacht Inn doing fish/steak and chips takeaways

Costcutter in Carbis Bay are now doing delivery's on a Monday and Saturday. £2 if the order is under £25 and free if over £25. 01736 759148

St Ives Food Company are now offering home deliveries.

Maria Chica Café in Pendeen are also doing deliveries 01736 787596
07930093112

Corner Deli (PZ) – pizza deliveries on Fri and Saturday's 4pm – 8pm with discounts available too.

Jordans Café are offering a pre-order service for their bread which has to be collected from their café. Collections are on Tuesdays and Fridays. They can possibly deliver to people who live in Marazion / PZ area and who are self isolating.

Baker Toms has a mobile bread van focusing on visiting small communities / villages who don't have good access to shops. Check their website for details of where the van will be as it changes daily.

The Granary in Causewayhead are offering a grocery

delivery service 01736 361869 or thegranarypenzance@hotmail.com.

Cornish Fish (Jeremy Paul Read) can do fresh fish deliveries 01736 360779 or contact through facebook

The Bakehouse Penzance - for anybody self isolating and vulnerable people who cannot get to the shops, they can order things in that have disappeared from shelves in shops, such as eggs, milk, toilet paper, flour etc... 01736 331331

Hole Foods Deli in Mousehole are offering local delivery service of pasties, soup and stew. 01736 732843

Costcutter in Pendeen can deliver for self isolators only 01736 788638

The Cook Book Café in St.Just are offerin home delivery of fresh fruit and vegetables, milk, eggs, butter, cheese, bread, pre-packed homemade meals and more. www.thecookbookcafe.co.uk. 01736787266

Costercutter in Heamoor can deliver 01736 363214

The Little Green Grocery will endeavour to deliver fresh fruit, vegetables, bread, milk, eggs, jam, butter as well as pasta, rice and tinned food as long as they have stock. Text them on 07876632730

Caterfood are offering home delivery (they cover devon, cornwall, Somerset and Dorset) 01803 664422

McFaddens Butchers and Bakers are doing a delivery service. 01736 788136

Mounts Bay Dairy are able to deliver to people at home in the Penwith area . Their email is info@mountsbaydairy.co.uk 01736 741216. Or use their temporary dedicated email homedelivery@mountsbaydairy.co.uk

The Mount View in Longrock can provide meals £4 a head, free delivery. 01736 710416

Food For Families-Food Bank is open for emergency food parcels. Phone 07925298587 or contact on facebook.

The Middle Shop, St.Claire can deliver milk, bread, fruit, veg and other goods. 01736 363606

Pengarth Day Centre can deliver meals to anyone who needs it in Pz area. 01736 364307. £5.10 small/£6.10 large.

Goldsithney Stores can deliver for small charge of 50p. 01736 710539. Shop is compiling a list of people who are happy to make deliveries to vulnerable people, so if anyone needs this, just ring them and they will arrange with volunteer drivers to sort this out (Covering Goldsithney, St Hilary, Relubbus, Perran Downs, Roseudgeon, Trevean, Perranuthnoe).

Thornes They sell fresh fruit and vegetables and are delivering to older people in Penzance/Gulval area free of charge. 01736 362436 **Home delivery for new customers paused due to volume** (from 24/03)

Health and Well-being

Inclusion Matters - Anyone isolating (or have family members that are self-isolating) who require practical support such as shopping, loneliness or accessing local community services 01872 266383 (day time hours).

DIAL (Disability Cornwall) service for advice or feeling isolated and in need of a chat, or practical support, collecting meds and shopping. 01736 759500

What to do if you are anxious about corona virus https://youngminds.org.uk/blog/what-to-do-if-you-re-anxious-about-coronavirus/?fbclid=IwAR1qoj_QYki6CgdXAjSmTyzbrKj-MLINJVAeOtGdMNASizztLaoTv6gA6vs

5 Best Ways to Handle Coronavirus anxiety, isolation and staying positive video https://www.youtube.com/watch?v=VpfoG4Q9BtQ&feature=share&fbclid=IwAR3Rkpi7enY51M7a3o5x17VpZJfI5G2flu_HQZal5QW-1elboKY4VltelWY

Ways to stay social online while in self-isolation https://www.bbc.co.uk/news/technology-51966087?fbclid=IwAR0tponVRdlq-4SiCpqMY_Ey34iM7HOnTvXJ0x4JK4n0ubFYOD0ixNEwsWA

Tindals on facebook are offering online cookery sessions. Also for videos on how to create restaurant quality meals in your own kitchen in under half an hour with food from our local butcher and ingredients from the Co-op

Counselling for Social Change is a registered charity providing low-cost counselling to people across Cornwall. As part of the community response to the Covid-19 pandemic, we are offering free 30-minute one off online slots for people across Cornwall to talk to a counsellor info@counsellingforsocialchange.org.uk or call us on 01736 364 722.

Down Dog (Yoga for Beginners, HIIT, Barre, and 7 Minute workout) app is now free until July.

Yoga and Pilates. Clarence House in PZ remains open for yoga, pilates etc (check website for classes / updates).

Value Lives Crisis Service (no face to face visits) phone 01209 438 option 1.

Inclusion Matters Helpline Please direct individuals who are concerned about self-isolation and needing support to – 01872 266383.

Penlee Inspired Online – A digital exhibition of works at Penlee House Gallery and Museum. Starting on Monday 23rd March. Follow on facebook [@penleehousegallery](https://www.facebook.com/penleehousegallery).

Your Way has a live chat for age 11-25 who need someone to talk to. Between the ages of 1-5pm. Visit your-way.org.uk

National Trust have removed all pay barriers from their parks and gardens, and all car parking charges have been removed. *update* all gated sites have been closed. Please refer to https://www.nationaltrust.org.uk/press-release/the-national-trusts-latest-statement-on-coronavirus-covid-19?fbclid=IwAR3aEjrFFBfbzbfjOJ9WbpTk_RAmfNVC5dANyogXqtlnAEbXwmO7PDsKVM for up to date info re NT.

Virtual 'tours' are available on the internet. Youtube have tours of different parts of Cornwall. Also, there are virtual art gallery tours.

The Happy Newspaper, full of happy and positive news <https://thehappynewspaper.com/> You can join their email list for free

Children

David Walliams is releasing a FREE audio story every day for the next 30 days https://www.worldofdavidwalliams.com/elevenses/?fbclid=IwAR0p3PY8rj_e3uyV2BnCWBFzLuxDjHCZ3yqr_mhxK877cfmch1SVofZrJSk

Free Printable activities for Young Learners https://www.mathletics.com/au/for-home/early-learner/?utm_source=Facebook&utm_medium=Social&utm_campaign=HOMEUSER_MX0001&utm_content=image2

Explore London's Museums from Home https://mumsdotravel.com/2020/03/how-to-explore-londons-top-museums-from-home/?fbclid=IwAR2JL8Woi6evaHDjiGLw63sCYKTN4t42Krq1o_yVEEtNQ9nSEdyP0Yc7P4H8

Rainbows! Children everywhere are drawing/painting/making rainbows and displaying them in their windows for other children to 'spot the rainbow' when out for their walks.

Kids creative activity ideas https://www.tate.org.uk/kids/make?utm_source=instagram&utm_medium=organic_social&utm_campaign=tate_kids&utm_content=making_activities&fbclid=IwAR2V0FKiQrM9VsWbuceSm05N8Biho1ZBqL_SeptPIDwXiew9_VxEcV-6Yus

Watch Astronauts reading stories from space – https://www.scarymommy.com/astronauts-story-time-in-space-kids-books/?fbclid=IwAR1knTI4j-1phVOi_o1VE10Ec-gom6tXlf-p6wBhOA5Pz9I6KNEDngaWNs

Free online **boredom busting resources** – <https://chatterpack.net/blogs/blog/list-of-online-resources-for-anyone-who-is-isolated-at-home?fbclid=IwAR0HF8msGPoTByHLooGK8hiAlyqpDN1mtYSSJRZwIAfXoIIscZhf6atXJU>

World Book Online have just made their fabulous collection of over 3,000 ebooks and audiobooks available for free for children to access at home. Suitable for all ages. <https://worldbook.kitaboo.com/reader/worldbook/index.html?usertoken=Mjk5MzQ6MTpJUjA5MjAxNjoyOmNsaWVudDE2OTc6MTY5NzoyMjE2Mjg4OjE6MTU4NDM4MDEzMzA2Mjp1cw%3D%3D&fbclid=IwAR1wSq5HY3uvyMCdnRZljKmDO-CGNqF1bWr8R3JaOZ-vN0CrYW379MPzgV8>

Zoo live streams of their animals https://www.holidaypirates.com/travel-magazine/13-zoos-that-offer-live-streams-see-giraffes-koalas-pandas-tigers-penguins-more-35765?sc_src=email_1781336&sc_lid=131849624&sc_uid=E9XMkMdAJd&sc_lid=79845&sc_eh=90c96067707bdfbc1&utm_campaign=UK_2020_12_We_newsletter_all_all_20200318&utm_source=newsletter&utm_medium=email&utm_term=Read+more&fbclid=IwAR1lBh4kh4zsD2uGDGCqLeilV8MoJm5yWvmHBjczscD1IyjH8xyisms2PPM

Children's treasure hunt Fun activity for families at home to do. Using 360 tour of @GWRUK Penzance Station <https://www.ocean3d.co.uk/Gallery/Show/?tourId=72>

Facebook Groups

Covid-19 Mutual Aid Helston & Surrounding Areas

Covid-19 Mutual Aid Penzance

Cornwall Coronavirus Care

COVID19 Day to Day help – East Cornwall

Here to Help Cornwall Public Group.

COVID – 19 mutual aid support Hayle

Penwith Special Needs Children Home Survival for Covid 19

Wash your hands of coronavirus scams!

Friends Against Scams aims to protect and prevent people from becoming victims of scams.

Be aware of people offering or selling:

- Virus testing kits - these are only offered by NHS.
- Vaccines or miracle cures - there is currently no vaccine or cure.
- Overpriced or fake goods to protect yourself from coronavirus such as anti-bacterial products.
- Shopping or medication collection services.
- Home cleaning services.

Protect yourself and others:

- Don't be rushed into making a decision. If it sounds too good to be true it probably is.
- Only purchase goods from legitimate retailers and take a moment to think before parting with money or personal information.
- Don't assume everyone is genuine. It's okay to reject, refuse or ignore any requests. Only criminals will try to rush or panic you.
- If someone claims to represent a charity, ask them for ID. Be suspicious of requests for money up front. If someone attempts to pressurise you into accepting a service they are unlikely to be genuine. Check with family and friends before accepting offers of help if you are unsure.

Be a good friend, help to protect your family, friends and neighbours from scams.

**Read it.
Share it.
Prevent it.**

#Coronavirus
#ScamAware



Contact

For advice on scams call the
Citizens Advice Consumer Helpline on **0808 223 11 33**
To report a scam call Action Fraud on **0300 123 2040**
Contact your bank if you think you have been scammed.

**NATIONAL
TRADING
STANDARDS**

Scams Team

To learn more about the different types of scams visit www.FriendsAgainstScams.org.uk

Community Network Panel: Information for Members of the Public

Privacy Notice and Consent Form

1. Introduction

Would you like us to send you information about the Community Network Panel's work, such as agendas and minutes?

Would you be happy for us to contact you, from time to time, to seek your views about issues the Panel is considering?

When you attend a Panel meeting, would you be happy for us to include your name in the minutes?

If your answer is yes to one or more of these questions, please read the "Privacy Notice" (which explains this in more detail) and fill in the "Consent Form" below, letting us have your preferred contact details. We will then add you to our circulation list.

Thank you

Cornwall Council Localism Team

2. Privacy Notice

Who will control my data?

The Data Controller for all the information you provide on this form is Cornwall Council, New County Hall, Treyew Road, Truro, TR1 3AY. Data Protection Registration Number: Z1745294.

There's something I don't understand

If you need help in understanding or completing this form, please contact Cornwall Council's Localism team on telephone number 0300 1234 100 or by emailing communitynetworks@cornwall.gov.uk. The Localism team is responsible for the Community Network Panels.

How we will use the information about you

The information you provide on this form will be used, subject to your permission in each case:

To provide you with information relating to the work of the Community Network Panel, including agendas, bulletins, meeting papers, and other information circulated to the Panel

To seek your views, from time to time, about issues the Panel is considering as part of its work

So we can include your name (and the name of the town or village where you live) in the minutes of any Panel meetings that you attend.

Why do you need my information?

In order to provide you with information about the Panel and seek your views about its work, we need your name and either your email or postal address. Without them, we will not be able to provide you with this service.

Who else will we share this information with?

We will not share this information outside the Localism team. Your data will be held within Cornwall Council's secure network and premises and will not be processed outside of the UK. Access to your information will only be made to authorised members of staff who are required to process it for the purposes outlined in this privacy notice.

How long will you keep this information for?

We will keep your details until such time as you ask us to remove you from our circulation list.

What are my data rights?

Your personal information belongs to **you** and you have the right to:

Be informed of how we will process it

Request a copy of what we hold about you and in commonly used electronic format if you wish

Have it amended if it's incorrect or incomplete

Have it deleted (where we do not have a legal requirement to retain it)

Withdraw your consent if you no longer wish us to process it

Restrict how we process it

Object to us using it for marketing or research purposes

Object to us using it in relation to a legal task or in the exercise of an official authority

How do I exercise these rights?

If you would like to access any of the information we hold about you or have concerns regarding the way we have processed your information, please contact:

Data Protection Officer

Cornwall Council

New County Hall

Truro

TR1 3AY

Tel: 01872 326424

Email: dpo@cornwall.gov.uk

I don't agree with something

We would prefer any complaints to be made to us initially so that we have the opportunity to see if we can put things right. However, if you are unhappy with the way we have processed your information or how we have responded to your request to exercise any of your rights in relation to your data, you can raise your concerns direct with the Information Commissioner's Office Tel No 0303 123 113 <https://ico.org/concerns/>

We are working in partnership to provide a:

Community Kitchen

for people who are older, potentially vulnerable in any way or are self-isolating.

Delivering hot meals to Hayle, St Erth, Connor Downs and surrounding areas from 23 March.

Soup, pasties and stews

£2 a meal

Wednesdays and Saturdays to start and more days if needed, should the government allow us to continue mobilising.

Call or email us to order:

T: 01736 759500

E: advice@dialcornwall.org.uk



Should any businesses want to join forces with us to support our community in this way please let us know.

A warm message to all –

COVID 19 community support

Our DIAL advice line is open 9am-5pm, Monday to Friday to anyone.

Should you require any information, advice or be feeling a little isolated and in need of a chat, or perhaps in need of practical support such as shopping or collecting medication, we will endeavour to help. Our friendly and professional advisers are here to help and they will source the support you need.

Tel: 01736 759500

Email: advice@dialcornwall.org.uk

Just a word of caution; please be careful about letting strangers into your home, and certainly don't give them cash or bank cards to purchase things on your behalf. We will put you in contact with groups who have volunteers living in your community, or organisations who will have trained and checked staff.

Charity No: 1140925
Company No: 07436153



Deferral of VAT payments due to coronavirus

If you are a UK VAT registered business and have a VAT payment due between 20 March 2020 and 30 June 2020, you have the option to defer the payment until a later date or pay the VAT due as normal. Further guidance can be found here.

Check which expenses are taxable if your employee works from home due to coronavirus (COVID-19)

HMRC have produced guidance to help you find out what equipment, services or supplies are taxable if your employees are working from home due to coronavirus.

Updated guidance for staff in the transport sector

This guidance will assist transport settings in addressing coronavirus (COVID-19). This guidance may be updated in line with the changing situation.

Guidance for food businesses and COVID-19: Defra Update

New guidance for food businesses on Coronavirus (COVID-19) has been published. You can also find a summary of the latest news and guidance from the Department for Environment, Food & Rural Affairs related to the Coronavirus (COVID-19). Other guidance on the page includes updates on latest retailer activity, summary of seasonal roundtables as well as wider advice on coronavirus.

MOTs EXTENDED

Latest news about MOTs - From 30 March 2020, MOT due dates for cars, motorcycles and light vans will be extended by 6 months. This is being done to help prevent the spread of coronavirus.

Updated advice will be provided at <https://www.gov.uk/guidance/coronavirus-covid-19-mots-for-cars-vans-and-motorcycles-due-from-30-march-2020>

Further details of Coronavirus Job Retention Scheme announced

New guidance on Coronavirus Job Retention Scheme published.

Published 27 March 2020

From:

[HM Treasury](#)



- government to cover employer National Insurance and pension contributions of furloughed workers – on top of 80% of salary
- those furloughed can volunteer for the NHS without risking their pay

Businesses furloughing staff during the coronavirus outbreak will receive further financial support – with the costs of employer national insurance and pension contributions being covered by the government.

Under the scheme, employers can claim a grant covering 80% of the wages for a furloughed employee, subject to a cap of £2,500 a month.

In a move that could save businesses an extra £300 a month for each employee under the scheme, the government will now cover the employer national insurance and minimum auto-enrollment pension scheme contributions employers pay on the wages they must pay their furloughed staff – on top of the wages covered under the scheme.

Chancellor of the Exchequer Rt Hon Rishi Sunak MP said:

Since the start of the coronavirus outbreak, I've made it clear that hard-working employers and employees should not have to suffer hardship unnecessarily.

Our Coronavirus Job Retention Scheme supports workers and businesses up and down the UK – and today we're strengthening it because we will do whatever it takes to support jobs.

New guidance on the Coronavirus Job Retention Scheme published by the government also confirmed that those made redundant after 28 February can be reemployed and placed on furlough.

Those on furlough will also be permitted to volunteer without risking their pay - and will be able to join the 500,000 members of the public who have signed up to help the NHS during the coronavirus outbreak.

The scheme is part of an unprecedented package of measures announced by the Chancellor to protect individuals and businesses.

Pano Christou, CEO, Pret A Manger said:

At Pret, our number one priority has been to look after our Team Members and protect jobs. We had already made a commitment to keep jobs across Pret for as long as possible, but thanks to the Government's support can also keep paying all of 8,000 UK employees, despite the fact that our UK shops are not currently open.

We're grateful to the Chancellor for his support through this crisis – and in turn, we've been doing whatever we can to help the national effort, supporting NHS workers with discounted food and coffee, as well as giving all our surplus food to people in need. We stand ready to help further over the coming weeks and are actively looking at what more we can do.

James Watt, Co-Founder, BrewDog said:

The generous support plans introduced by the government are positive and have allowed us to better look after our people and business.

This has allowed us to keep doing our best to ensure our business survives and we protect as many jobs as we can.

James Timpson, CEO, Timpson Group said:

The support that the government has given to business is vital to keep people employed, and to ensure we can plan our futures with more certainty.

The package of support given makes our future secure and our colleagues and suppliers can sleep well at night now.

Notes

Employer National Insurance contributions are contributions employers must make which help fund the NHS and benefits like the state pension.

- minimum automatic enrolment employer contributions are the minimum contributions that employers must make into their employees' pensions
- the joint contributions on monthly wages of an individual employee earning £2,500 equate to more than £300
- guidance for employers on the Coronavirus Job Retention Scheme can be found [here](#)
- guidance for employees can be found [here](#)



Hello! Are you self-isolating in the Parish due to being in the 'at risk group' or 'unwell', we can help. Let us know what you need:-

- Shopping
- Medication/repeat prescription
- Help connecting online
- A friendly phone call
- Pet walking/animal care
- Post mail/electric top up

Call the Parish Council on **01736 850129** or **07879 235989** **between 9am - 12noon** and we will get in touch with a volunteer in your area to help.

Please take every precaution to ensure you only spread kindness.

- **Please be aware of scammers when receiving contact via leaflets or phone calls, the Parish Council will always give you details of your designated volunteer**
- Avoid physical contact (2m distance)
- Wash your hands regularly
- Items should be left on your doorstep, do not allow volunteers to enter your home
- Ensure you wash shopping with warm soapy water before putting it away if it has a hard surface as the virus can live on these for up to 72 hours
- Ensure you wash any money in warm soapy water before leaving it out and after receiving any money
- **Whilst the Parish Council and its volunteers will do their best to get the items you need, we cannot guarantee we will get everything.**

The Parish Consists of Gwithian, Gwithian Towans, Gwinear, Connor Downs, Carnhell Green, and the hamlets of Fraddam, Wall, Reawla, Roseworthy, and Upton Towans.



ST IVES SHOP OPENING TIMES

Opening Hours for shops in St Ives during COV-ID 19 restrictions

Business Type	Business Name	Address	Tele No	Mon - Friday	Saturday	Sunday	Delivery
Food Supplier	Ayr Stores	Ventnor Terrace	01736 791800	06:00 - 18:00	06:00 - 18:00	06:00-12:00	Yes
Food Supplier	Norway Stores	Back Road West	01736 794657	08:30 - 18:00	08:30 - 18:00	8.30-18.00	
Food Supplier	Osbornes	Royal Square	01736 449212	09:00 - 17:00	09:00 - 17:00	Closed	Yes
Food Supplier	Carnellis Stores		01736 796685	07:00 - 20:00	08:00 - 20:00	08:00-20:00	Yes
Food Supplier	Allotment Deli	Fore Street	01736 794578	09:00 - 15:00	09:00 - 15:00	Closed	
Food Supplier	Harvey Bros Butchers	Tregenna Place	01736 795073	08:00 - 16:00	08:00 - 16:00	Closed	Yes
Food Supplier	Co-op	Stennack	01736 797232	07:00 - 20:00 OAPS 08.00-9.00	07:00 - 20:00 OAPS 08.00-9.00	07:00 - 20:00 OAPS 10-11	
Food Supplier	Co-op	Royal Square	01736 796494	07:00 - 20:00 OAPS 08.00-9.00	07:00 - 20:00 OAPS 08.00-9.00	07:00 - 20:00 OAPS 10-11	
Food Supplier	Co-op	Tregenna Place	01736 796092	07:00 - 20:00 OAPS 08.00-9.00	7:00 - 20:00 OAPS 08.00-9.00	07:00 - 20:00 OAPS 10-11	
Food Supplier	Ferrells Bakery	Fore Street	01736 797703	09:00-15.30	09:00-15.30	Closed	Yes
Food Supplier	Cost Cutter	Corva Road Penbeagle	01736 798958	08:00 - 22:00	08:00 - 22:00	10:00 - 22:00	
Chemist	Stennack Pharmacy	Stennack	01736 795047	09:00 - 17:00 (Closed 13:30 - 14:00)	Closed	Closed	
Chemist	Leddras	Fore Street	01736 795432	09:00 - 17:30 (Closed 13:00 - 14:00 Thurs)	09:00 - 17:30 (Closed 13:00 - 14:00)	Closed	Yes
Chemist	Boots	High Street	01736 795072	10:00-16.30	10:00-16.30	Closed	

ST IVES SHOP OPENING TIMES (2)

Opening Hours for shops in St Ives during COV-ID 19 restrictions

Bank	Barclays Bank	High Street	0346 7345345	09:00 – 15.30 (Mon, Tues, & Fri only)	Closed	Closed	
Food Supplier	The Floral Shop	Gabriel Street	01736 797286	8.00-13.00	08.00-13.00	Closed	Closed
Food Supplier	Matthew Stevens Fish	Penbeagle	01736 795135 call 8am-4pm	www.matthewstevens-cornishfish.com/fish-counter or Facebook	Closed	Closed	Yes and click & collect
Newspaper Stationers	St Ives Times & Echo	High Street	01736 795813	times@stivesnews.co.uk	Facebook St Ives times & echo		
Fisherman	St Ives Shellfish & Mackerel			Check Facebook for full details of next landing & delivery times			Yes
Post Office	The Post Office	The Wharf For Essential Post Office / Banking Business	01736 795986	10.00-12.00	Closed	Closed	Yes
Food Supplier	Trink Dairy	Trink Farm	www.trinkdairy.co.uk or Facebook Trink Dairy	Open 24hrs a day everyday as its vending machines Which take notes & coins and give change			
Food supplier	St Ives Farmers Market	Not open but either facebook page	Or stivesfarmersmarket.co.uk	For online orders			
General & Food Supplier	McColls	Tregenna Place	01736 447105	7.00-19.00	7.00-19.00	7.00-19.00	7.00-19.00

ST IVES SHOP TAKE-AWAY'S

Takeaway in St Ives during COVID-19 restrictions

Business Type	Business Name	Address	Tele No	Mon - Friday	Saturday	Sunday	Delivery
Indian	Curry Garden	Tregenna Hill	01736 799003	5.30pm-11pm	5.30pm-11pm	5.30pm-11pm	
Indian	Rajpoot	Gabriel Street	01736 795307	5.30pm-10.30pm	5.30pm-10.30pm	5.30pm-10.30pm	yes
Pizza	St Ives Pizza Company	Contactless delivery & card payment only	01736 794030	5pm-9pm	5pm-9pm	5pm-9pm	yes
Deli	Source Kitchen	The Digey	01736 799487	See website for menu and groceries that can be ordered for collection or delivery the next dayf			yes